

ISOTREXIN[®]

PATIENT INFORMATION LEAFLET

Please read this leaflet carefully before you start to use Isotrexin[®]. If there is anything you do not understand, or if you want more information or advice, ask your doctor or pharmacist.

What does Isotrexin contain?

Isotrexin contains erythromycin 2% and isotretinoin 0.05% in a gel. Isotretinoin is similar to Vitamin A; it affects skin cell growth and makes cells less likely to block pores, preventing spots. Erythromycin is an antibiotic which is effective against the bacteria which are involved in acne. Isotrexin also contains hydroxypropylcellulose, butylated hydroxytoluene and ethanol.

Isotrexin is supplied in tubes each containing 30g by:

Stiefel Laboratories (UK) Limited,
Eurasia Headquarters
Concorde Road
Maidenhead
SL6 4BY, UK.

Product Licence No: 0174/0200

POM (Prescription Only Medicine)

PA: 144/37/1

The product is manufactured by Stiefel Laboratories (Ireland) Ltd., Flnskiln Business Park, Sligo, Ireland.

What is Isotrexin used for and how does it work?

Isotrexin Gel is used for treating acne. It helps to:

- make your skin less oily
- loosen blackheads and whiteheads so that they come out more easily
- stop new blackheads, whiteheads and spots from forming
- reduce the bacteria which cause acne
- reduce the number of red inflamed acne spots

Before you use Isotrexin

Isotrexin may not be right for some people. You should not use Isotrexin if you are allergic to any of the ingredients listed above, are pregnant, trying to become pregnant or breast feeding. If you are using any other acne treatment which your doctor does not know about, check with your doctor or pharmacist before you start using Isotrexin.

Keep Isotrexin away from your eyes, lips and from any irritated areas of your skin; for example if you have cuts, grazes, sunburn or eczema.

While you are using Isotrexin you should protect the treated areas of your skin from long exposure to the sun by using a suitable sunscreen which provides both UVA and UVB protection. You should avoid using sunlamps.

As with all medicines, you should keep Isotrexin out of the reach of children.

How to use Isotrexin

Isotrexin should be used once or twice a day. Your doctor will tell you which is best for you.

Apply a small amount of gel with your fingertips. A thin film should be applied to all of the area of your skin which has acne, not just to the individual spots. Do not apply too much in case it runs into your eyes or onto other areas of your skin where it is not needed. Applying too much will not give better results and may cause redness, peeling or irritation. If you accidentally use too much and experience irritation, stop using the product for a few days. As a guide, one finger-tip (the amount of gel squeezed from the tube which reaches from the tip of your finger to the first joint) is enough to cover your face, two and one-half finger-tips of gel will cover your face and back. If the gel does not rub into your skin easily, you are using too much. Wash your hands after using the gel.

Other information about using Isotrexin

It can take about 6 to 8 weeks before you see the full effects of Isotrexin on your acne. This is quite normal for acne treatments. You should continue the treatment for at least 3 months, unless your doctor tells you otherwise.

Remove make-up thoroughly before applying the gel. After it has dried, you can use non-greasy make-up.

Unwanted effects

Isotrexin may cause slight stinging and make your skin feel warm, especially when it is first applied. You may also notice flaking and redness of your skin during the first few weeks of use. These effects are normal; if they bother you, try using the product less often for a while or, stop for a few days, then start again.

If you suffer severe burning, peeling or itching, or other unwanted effects not mentioned in this leaflet, you should stop using Isotrexin and go back to your doctor for advice.

Storage Conditions

Isotrexin should be stored at room temperature (25°C).

A "use by" date (Exp.) is printed on the tube and ton. Do not use the gel after this date.

Where to go for information

If you have any questions about Isotrexin or if you are unsure about any of the information in this leaflet, please ask your doctor or pharmacist.

Date of preparation

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